

20 Ways to Know You're Evolving

- I can say no easily and kindly, without feeling funny about it.
- Most of my relationships are interdevelopmental, not just interdependent.
- I am so sensitive to my environment that I notice, embrace, integrate, and assimilate even the slightest change.
 - I constantly experiment with the gifts I have.
- Being important, admired, or impressive has become irrelevant.
- I am inspired by people, possibilities, or events, instead of being motivated by factors or situations.
- I am willing to go back to foundational work whenever it is needed instead of thinking I've evolved beyond that.
 - I've developed my own personal operating system (POS).
 - Traditions are a choice, not a habit or obligation.
 - Possibility is my currency because I'm living in reality.
 - Fear doesn't stop me for very long.
 - Grace is present in all that I do.
 - I am aware that every problem has multiple solutions.
 - Apparent contradictions aren't.
 - I have become a conduit as well as a source.
 - Uncertainty is not a problem.
 - I don't mind losing who I used to be even if I was terrific.
- When I see that a paradigm does not work in a particular area, I look for a new paradigm that does.
 - I have chosen to evolve myself, not just develop myself.
 - I can easily change my assumptions; they are disposable.